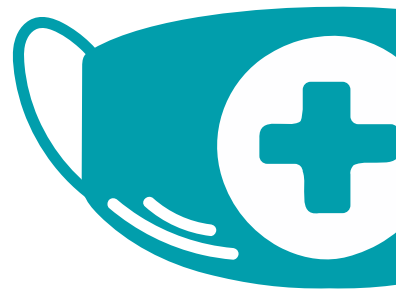


DANCER OCT HEALTH MONTH 2020

Boston Dance Alliance has transformed our annual Dancer Health Day to a month of virtual conversations, panels, and advice from experienced dance medicine clinicians, each committed to keep you dancing your best.

During the Covid-19 pandemic, staying well and in shape can be a challenge, but it is also an opportunity to establish habits and practices that will serve you well throughout your dancing life.

Boston Dance Alliance thanks the physicians, physical therapists, and allied health and wellness professionals supporting BDA Dancer Health Month 2020 for their sustained commitment to the dancers across our community.



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ACUPUNCTURE

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